



# GUARDIANS OF GAIA A WOMEN'S WEEKEND RETREAT

AN IMMERSIVE PLANT MEDICINE JOURNEY INTO THE  
MYSTERIES, MAGIC, AND WISDOM OF THE TEMPLE  
INITIATIONS

FRIDAY 10.30AM 13.09.2024 - SUNDAY 4PM 15.09.2024

A RESIDENTIAL RETREAT WITH WOMB KAMBO, CACAO,  
SOUND, SHAMANIC HEALING, AND EARTH MEDICINE



UNFURL THE DIVINE FEMININE WITHIN FOR THOSE  
WHO HAVE AND HAVE HAD A WOMB



**Friday 10.30am 13.09.2024 - Sunday 4pm 15.09.2024**

**Annabelle and Victoria** work with Earth Medicine allies, sacred sound and shamanic healing to connect you to the cosmic mysteries. Includes: Womb Kambo, Cacao, Fungi teachers, scents, nourishing organic meals, teas and saunas. (7 people, women only).

The deepest work is the work of the womb and the even deeper work is of the wombs. Gather with women to unfurl and release into the arms of Gaia as her medicines stir and heal that which holds you back from your creative juices flowing and from birthing and nurturing your essence.

**Integration call: Wednesday 25th September, 6.30pm-8.30pm**





## OUR INTENTIONS FOR THIS WEEKEND

Welcome to this weekend curated by Annabelle and Victoria for the ultimate feminine connection to take you gently and deeply into the realm of the unseen, to meet to the mysteries behind your life's path.

Come be held as you restore and recharge with deeply somatic practices, shamanic clearings, organic foods and sensory delights.

This is a temple space, a time for you to switch off, rewire and reconnect with self and source. Come elevate your consciousness and feel deeply reprogrammed and reset in just a weekend as we expand time to travel to the heart of who you are, why you came here and what is your destiny as a Guardian of Gaia.

You will have the chance to journey with a softer, layered dose of Kambo to meet the womb with a powerful medicinal ally. For a somatic healing experience without seeking a purge. May this weekend empower and inspire you. With meditations, healings, saunas, medicine ceremonies and group connection, you will soften into a tranquil garden of release.

**Lodging and meals are provided** for this immersive experience so you don't have to think about any practicalities.





## HOW TO COMMIT YOUR PLACE

**Investment: £800 - Payment Plans Available**  
£250 deposit to secure your place by 1st August 2024

[Kambo Health Form](#) - if you would like to join please fill in this form and state which ceremony you would like to attend and we'll be in touch.

Please communicate on Signal and don't pass on information without our permission. We will create a Signal group for this event to share all the information you need once your place is confirmed.





## MORE ABOUT YOUR GUIDES

**Annabelle Nicoll** is an Earth Medicines Practitioner, founder of Garden of Alchemy, and ceremonial guide, who launched her debut course Sovereign Hive last year to share the wisdom of being held and holding space to others. With experience as a professional photographer and chef, Annabelle weaves trainings from Byron Katie, Human Design, Gene Keys, Tea ceremonies, Mesa carrying, Death Dula training and others to create transformational offerings in a beautifully curated space, the Garden of Alchemy in Isfield, East Sussex.



**Victoria Cooper** is a Shamanic practitioner, Sound healer, Hypnotherapist, and Yoga teacher who's worked with Shamanic mentors for over 20 years and was initiated by Jez Hughes (Second Sight Healing) in 2021. A Reiki master since 1998, Victoria has been holding healing sessions, circles, courses, workshops and retreats in the UK and in Europe. She runs her own yurt, River Wolf Lodge, in Sussex, where she shares her offerings. Victoria's healing sessions are holistic and intuitive.

Combining yoga therapy, breath work, sound healing, hypnotherapy, and shamanic practices such as soul retrieval, ancestral healing and energy clearing.





## WITH BLESSINGS & LOVE ON YOUR MEDICINE JOURNEY



### ANNABELLE

[Kambo Health Form](#) - if you would like to join please fill in this form and state which ceremony you would like to attend and we'll respond. Please communicate on Signal and don't pass on information without our permission.

#### Disclaimer

You are advised to take full responsibility for your own health. All information provided is for informational purposes only and is not intended to be taken as healthcare advice, medical diagnosis, treatment or prescription. None of the information should be regarded as a promise of benefits, a claim to cure any illness, disorder or discomfort, a legal warranty or a guarantee of results to be achieved. Neither is this information intended as a substitute for advice from your physician or other healthcare professionals. You are advised not to use this information for the diagnosis or treatment of any health problem or for prescription of any treatment, including medication. Before altering or stopping any current medications, courses of treatment or medical care, starting any diet, exercise or supplementation program, you should consult with a healthcare professional. If you have, or think you might have, a health problem, your healthcare professional should be consulted.