



GUARDIANS OF GAIA A WEEKEND RETREAT

AN IMMERSIVE PLANT MEDICINE JOURNEY INTO THE
MYSTERIES, MAGIC, AND WISDOM OF THE TEMPLE
INITIATIONS

A RESIDENTIAL RETREAT WITH CACAO, SOUND,
SHAMANIC HEALING, AND EARTH MEDICINE



UNFURL THE DIVINE ENERGY WITHIN.



Danu and Victoria work with Earth Medicine allies, sacred sound and shamanic healing to connect you to the cosmic mysteries. Includes: Cacao, Fungi teachers, scents, nourishing organic meals, teas and saunas. (7 people).

Gather together, women and men, to unfurl and release into the arms of Gaia, as her medicines stir and heal that which holds you back from letting your creative essence flow, from birthing and nurturing the fullness of who you are.



OUR INTENTIONS FOR THIS WEEKEND

Welcome to this weekend curated by Danu and Victoria, a sacred immersion designed to gently and deeply guide you into the realm of the unseen, to meet the mysteries behind your life's path. Together we will be held in a container that restores and recharges through somatic practices, shamanic clearings, organic foods, and sensory delights.

This is a temple space, a time for you to switch off, rewire, and reconnect with self and source. Come elevate your consciousness and feel deeply reset in just a weekend, as we expand time to journey into the heart of who you are, why you came here, and what your destiny is as a Guardian of Gaia.

You will have the opportunity to work with a softer, layered dose of Kambo—a powerful medicinal ally—inviting profound healing without seeking a purge. May this weekend empower and inspire you. Through meditations, healings, saunas, medicine ceremonies, and group connection, you will soften into a tranquil garden of release.

Lodging and meals are provided for this immersive experience so that you may surrender fully, without the weight of practicalities.



HOW TO COMMIT YOUR PLACE

Investment: £600 - Payment Plans Available

£200 deposit to secure your place

[Kambo Health Form](#) - if you would like to join please fill in this form and state which ceremony you would like to attend and we'll be in touch.

Please communicate on Signal and don't pass on information without our permission. We will create a Signal group for this event to share all the information you need once your place is confirmed.



MORE ABOUT YOUR GUIDES

Danu Nicoll is an Earth Medicines Practitioner, founder of Garden of Alchemy, and ceremonial guide, who launched her debut course Sovereign Hive in 2023 to share the wisdom of being held and holding space to others. With experience as a professional photographer and chef, Danu weaves trainings from Byron Katie, Human Design, Gene Keys, Tea ceremonies, Mesa carrying, Death Dula training and others to create transformational offerings in a beautifully curated space, the Garden of Alchemy in Isfield, East Sussex.



Victoria Cooper is a Shamanic practitioner, Sound healer, Hypnotherapist, and Yoga teacher who's worked with Shamanic mentors for over 20 years and was initiated by Jez Hughes (Second Sight Healing) in 2021. A Reiki master since 1998, Victoria has been holding healing sessions, circles, courses, workshops and retreats in the UK and in Europe. She runs her own yurt, River Wolf Lodge, in Sussex, where she shares her offerings. Victoria's healing sessions are holistic and intuitive.

Combining yoga therapy, breath work, sound healing, hypnotherapy, and shamanic practices such as soul retrieval, ancestral healing and energy clearing.



WITH BLESSINGS & LOVE ON YOUR MEDICINE JOURNEY



DANU

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Disclaimer

You are advised to take full responsibility for your own health. All information provided is for informational purposes only and is not intended to be taken as healthcare advice, medical diagnosis, treatment or prescription. None of the information should be regarded as a promise of benefits, a claim to cure any illness, disorder or discomfort, a legal warranty or a guarantee of results to be achieved. Neither is this information intended as a substitute for advice from your physician or other healthcare professionals. You are advised not to use this information for the diagnosis or treatment of any health problem or for prescription of any treatment, including medication. Before altering or stopping any current medications, courses of treatment or medical care, starting any diet, exercise or supplementation program, you should consult with a healthcare professional. If you have, or think you might have, a health problem, your healthcare professional should be consulted.